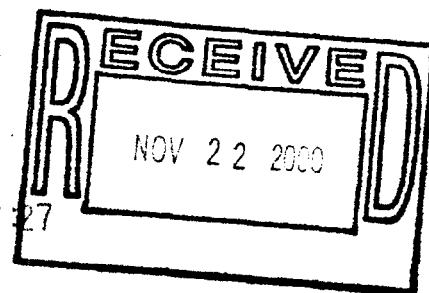




Partners in Health and Beauty

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, D.C. 20204

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November 20, 2000

This letter serves as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 (DSHEA), that Country Life® is using the following statement on the label of product Arthro-Joint and Muscle Relief Factors Softgels (dietary ingredients: vitamin C, vitamin E, manganese, boswellia serrata extract, omega-3 fish oil concentrate, glucosamine HCL, glucosamine sulfate, chondroitin sulfate, poly NAG, green lipped mussel extract, CMO, gamma-linolenic acid & boron. This statement is accompanied by the required disclaimer. To the best of my knowledge, the information contained in this notice is complete and accurate.

Athro-Joint and Muscle Relief Factors is a synergistic complex which provides the building blocks used in the production of bone, cartilage, tendons, joints and membranes. Herbal extracts and nutrients are included which help reduce free radical production.

Sincerely,

Morag Thorsen
Regulatory Affairs Manager B.A., M.A.L.S.

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